



FOR STUDENTS & FAMILIES

Counseling Resources

Outpatient Counseling, Psychiatry & Faith-Integrated Care — Arizona

NATIONAL SUICIDE PREVENTION LIFELINE 988

Clinical & Professional (Faith Integration Available)

AZ Counseling Collective **

azcounselingcollective.com · 480-662-6708

Building Bridges Collective **

buildingbridgescollective.com · 602-341-5246

Cactus Wren Family Therapy **

cactuswrenfamilytherapy.com · 480-644-1224

Christian Counseling Services **

christiancounselingservicesaz.com · 602-620-2874

Desert Waters Counseling **

desertwaterscounseling.wordpress.com · 602-456-2582

Healing Hearts Counseling **

healingheartscnaz.com · 480-656-9174

Professional Counseling Associates

pcaaz.com · 480-730-6222

Certified (Faith Integration Available)

Biblical Counseling of Arizona

biblicalcounselingaz.org

Biblical Hope Counseling

biblicalthopencounseling.org

Psychiatry Services (Faith Integration Available)

Rising Sun Psychiatry

risingsunpsychiatry.com

Insurance accepted

Marla Martin, PsyD, LP

Private pay

doctormarlamartin@gmail.com

Additional Support Lines

teenlifeline.org — 602-248-8336

crisis.solari-inc.org — 844-534-4673

**** Indicates multiple therapy services offered, including EMDR**



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Crisis & Inpatient Care

Walk-In, Emergency & Behavioral Health Hospital Services — Arizona

Mind247

844-MIND247

Walk-in services that allow all individuals to see a licensed mental health clinician immediately.

mind24-7.com

Oasis Behavioral Health

844-967-1941

Helps individuals struggling with mental health disorders and drug addiction build a strong foundation for long-term recovery.

obhhospital.com

Agave Ridge Behavioral Hospital

844-510-2532

Developmentally appropriate care for adolescents ages 12–17 with behavioral health disorders, substance use disorders, and co-occurring concerns.

agaveridgebehavioral.com

Aurora Behavioral Health

877-870-7012

Compassionate care, clinical excellence, and individualized treatment for the behavioral health and addiction treatment needs of Arizonans.

auroraarizona.com

Copper Springs East

480-667-5500

Gilbert, AZ

Mental health and substance use treatment. Offers emergency, inpatient, and outpatient care. Walk-ins accepted 24/7.

coppersprings.com

Quail Run Behavioral Health

602-455-5700

A supportive, compassionate, and innovative environment of patient-centered care.

quailrunbehavioral.com

St. Luke's Behavioral Health Center

602-251-8535

Open 24 hours / 7 days

For a child or teen who is depressed, having suicidal intentions, anxiety, hallucinations, paranoia, mood swings, or destructive anger — additional support and treatment to get through a difficult time.

stlukesbehavioralhealth.org

CRISIS & SUPPORT LINES

National Suicide Prevention Lifeline **988 / 800-273-8255**

Alcoholics Anonymous, East Valley Intergroup **480-834-9033**

La Frontera, EMPACT Suicide Prevention Center **480-784-1500**