

Counseling Resources

National Suicide Prevention Lifeline 988

AZ Counseling Collective

<https://www.azcounselingcollective.com/>
(480) 662-6708

Biblical Counseling of Arizona

<https://www.biblicalcounselingaz.org/>

Building Bridges Collective

<https://buildingbridgescollective.com/>
(602) 341-5246

Cactus Wren Family Therapy

<https://www.cactuswrenfamilytherapy.com/>
480-644-1224

Christian Counseling Services

<https://christiancounselingservicesaz.com>
602-620-2874

Collaborative Counseling Institute

<https://collabcounselors.com/>
480-665-8759

Family Strategies Counseling Center

<https://familystrategies.org/>
480-668-8301

Professional Counseling Associates

<https://pcaaz.com/>
480-730-6222

Additional sites:

<https://journeycounselingaz.com/>
<http://www.lifesongcounselingcenter.com/index.html>

<https://teenlifeline.org/> 602-248-8336
<https://crisis.solari-inc.org/> 844-534-4673

**Mind247**

844-MIND247

Walk-in services that allow all individuals to see a licensed mental health clinician immediately.

<https://www.mind24-7.com/>

Agave Ridge Behavioral Hospital

480-780-0211

Agave Ridge Behavioral Hospital offers developmentally appropriate care for adolescents ages 12-17 who are suffering from behavioral health disorders, substance use disorders, and co-occurring concerns.

<https://www.agaveridgebehavioral.com/programs/adolescent-inpatient/>

Copper Springs East

602-562-4937

Copper Springs provides mental health and substance use treatment. Offers emergency, inpatient and outpatient treatment. Walk-ins accepted 24/7

Gilbert, AZ

<https://coppersprings.com/>

St. Luke's Behavioral Health Center (24hrs/7days)

602-251-8535

If your child or teen is depressed, has suicidal intentions, anxiety, hallucinations, paranoia, mood swings, or destructive anger, they may need additional support and treatment to help them get through this difficult time.

<https://www.stlukesbehavioralhealth.org/>

Oasis Behavioral Health

866-347-4019

Oasis Behavioral Health Hospital helps individuals struggling with mental health disorders & drug addiction build a strong foundation for long-term recovery.

<https://www.obhhospital.com/>

Aurora Behavioral Health

877-870-7012

Through compassionate care, clinical excellence, and individualized treatment, Aurora Behavioral Health System is dedicated to serving the behavioral health and addiction treatment needs of Arizonans.

<https://www.auroraarizona.com/>

Quail Run Behavioral Health

602-455-5700

It is our mission that Quail Run Behavioral Health consistently provides a supportive, compassionate and innovative environment of patient centered care.

<https://quailrunbehavioral.com/>

National Suicide Prevention Lifeline 800-273-8255 OR 988

Alcoholics Anonymous of East Valley Intergroup 480-834-9033

La Frontera, EMPACT Suicide Prevention Center 480-317-2213