



GILBERT CHRISTIAN SCHOOLS

2026-2027 MIDDLE SCHOOL ATHLETICS HANDBOOK

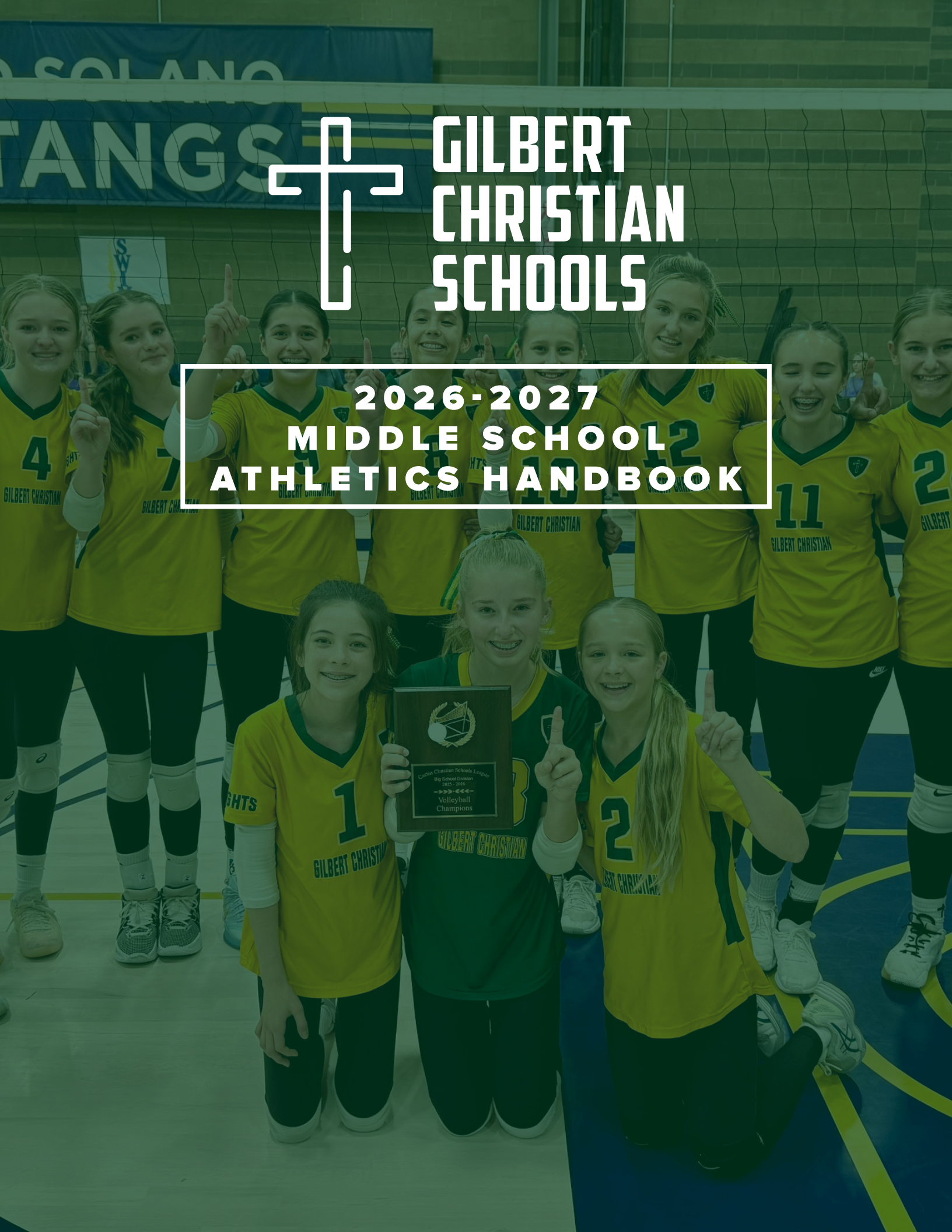


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Last updated July 17, 2026

Letter from the Athletic Director

Knights,

Welcome to the 2026-2027 school year! My name is Arin Mearig and I am immensely thankful to be serving as the Gilbert Christian Middle School Athletic Director. It is both an honor and privilege to serve in this capacity and to be entrusted with the responsibility of nurturing the athletic talents and spiritual growth of our students.

At Gilbert Christian, we are committed to offering a well-rounded education that integrates faith, academics, and athletics. Our sports programs are established with the intent to not only develop physical skills and teamwork but also to instill Christian values such as integrity, perseverance, sportsmanship, and excellence. Through participation in athletics, our students have the opportunity to grow in character and deepen their relationship with Christ. Our highly qualified coaches are prepared to support and encourage each student-athlete to achieve their full potential, both on and off the field, for the glory of God and a lasting Kingdom impact.

This handbook provides valuable information for the year ahead, including details about eligibility, registration, programs offered, and commitment expectations of GCS student-athletes. Thank you for taking the time to review this material and please reach out with questions or feedback. While this handbook is thorough, there are sure to be additional issues and unforeseen concerns as we journey through this upcoming year together. When this occurs, the athletic department will communicate with you as clearly and promptly as possible.

On behalf of everyone involved with GCS Athletics, thank you for your partnership and support throughout the year ahead. We recognize that athletics is a gift from God and can serve as a means to honor God by using talents and abilities to their fullest potential, reflecting His glory in all aspects of life, including athletic endeavors. It is an exciting time to be a Knight and I look forward to a rewarding and successful year ahead!

Arin Mearig

Middle School Athletic Director

Mission Statement

The mission of Gilbert Christian Schools is to partner with parents to prepare the next generation to impact the world for Christ.

Gilbert Christian Athletics carries out the mission of GCS through our core values of character, commitment, and community.

Character

We are committed to nurturing Christian character through discipleship and mentorship. (Proverbs 22:6)

Commitment

Remembering Christ's commitment to us, we strive for excellence in all that we do. (Colossians 3:23)

Competition

We embrace competition as an opportunity to steward our God-given gifts and pursue our full potential. (1 Corinthians 9:24)

Community

We seek to serve and celebrate others through a selfless mindset. (John 15:12)

Athletic Department Staff

Mark Duitsman	District & HS Athletic Director	mark.duitsman@gcsaz.org 480-699-1215
Ashley Storey	HS Associate Athletic Director	ashley.storey@gcsaz.org 480-699-1215
Andrew Rasmussen	HS Assistant Athletic Director	andrew.rasmussen@gcsaz.org 480-699-1215
Arin Mearig	MS District Athletic Director/ Val Vista Athletic Coordinator	arin.mearig@gcsaz.org 480-699-1215
Tamera Miller	Agritopia Athletic Coordinator	tamera.miller@gcsaz.org 480-699-1215
Beth Moore	Greenfield Athletic Coordinator	beth.moore@gcsaz.org 480-699-1215
Heather Peterson	Athletic Engagement & Extended Programs	heather.peterson@gcsaz.org 480-699-1215
Madison Dewar	HS Athletic Trainer	mmdewar@banner-ptrehab.com

Calendar

Gilbert Christian Middle Schools participates in the Cactus Christian Schools League (CCSL) and abides by the rules set in that organization.

Middle School	6th – 8th Boys Tackle Football Soccer (coed) 6th ONLY Flag Football	6th – 8th Boys Baseball Cross Country Volleyball	6th – 8th Boys Basketball Golf
	6th – 8th Girls Cheer Dance Soccer (coed) Volleyball	6th – 8th Girls Cheer Dance Softball Cross Country Flag Football	6th – 8th Girls Cheer Dance Basketball Golf

Registration

All athletes are required to complete registration prior to participating in their season of sport. Each athlete must provide proof of insurance and a current AIA annual sports physical completed by a medical provider. The physical form, proof of insurance, and all other required documents must be submitted through the TeamSnap registration portal. Registration fees must be paid online through TeamSnap before a student will be added to the team roster.

Sports Fees

High School Sports	Fee
HS Tackle Football	\$350
All Other HS Sports	\$200
Middle School Sports	Fee
MS Tackle Football	\$200
MS Cheer & Dance	\$150
MS Golf	\$150
All Other MS Sports	\$100
GCS Family Annual Sports Fee Max	\$800

**For programs where roster cuts must be made following tryouts, a full reimbursement of the participation fee will be offered to those who do not make a team. The fee can also be transferred to a registration later in the year. Reimbursements are not available for rostered participants once tryouts are complete and teams have been set.*

**If your family has exceeded the GCS annual max of \$600, please contact andrew.rasmussen@gcsaz.org for reimbursement details following registration.*

Eligibility

Academic Eligibility

GCS athletes are students first. Eligibility is a standard set in place by GCS campus administrators and the athletic department.

Ineligibility requires a student be withheld from all games until grades warrant eligibility. Students may participate in practices provided they have attended tutoring with the teacher(s) of the class(es) with low grade(s).

Course Load Requirement

Participants are required to be full time students at Gilbert Christian.

Elementary and Middle School Academic Eligibility

Grade checks will be held on Tuesdays throughout the season. Student-athletes carrying either 1 F or 2 D grades in any classes will be declared ineligible (see consequence schedule below). Student-athletes found ineligible will not participate in any games and they may not travel with the team until they regain academic eligibility. Student-athletes can become eligible by raising their grade(s) above the 1 F or 2 D threshold.

Academic Eligibility Consequences

1 st Offense	Warning with Probation for the Entire Season
2 nd Offense	Sit Out 1 Game Minimum (Includes No Travel)
3 rd Offense	Further steps, including the possibility of being removed from the team, will be determined by the Principal and campus Athletic Director

Attendance Eligibility

Student-athletes absent from school for more than half the day may not participate in a scheduled evening practice or game without a doctor's note or approval by a campus administrator or the Athletics Director.

Student-athletes absent from school during the week may suit up to play in a Saturday game. Playing time for the athlete will be up to the coach's discretion.

Behavioral Eligibility

Students are expected to follow the Knights Honor code of conduct. Behaviors during the school day may carry a consequence from the school that will be honored by the athletic department and school administrator, and these may also carry a team-level consequence. Behaviors on any playing surface (practice or game) will carry a team-level consequence imposed in conjunction with the athletics department.

Quitting

Quitting a GCS sports team will result in a student-athlete being ineligible to join any other sports team until the first team is completely done with the current season including post-season play. Participation fees are not refundable as a result of quitting.

Attire

Student-athletes are to remain in school uniforms while on campus. Students changing for practices or games must wear appropriate attire and report to designated areas for athletic activities.

Practice Attire

Shirts

T-shirts of appropriate length are acceptable. No tube tops, spaghetti straps, or visible midriffs are allowed. Shirts must be worn at all times.

Shorts

Fingertip-length shorts are acceptable. Spandex shorts are only allowed when approved by the athletic department as part of the uniform.

Uniforms

Uniforms will be provided by the coach to each student-athlete. Student-athletes will check-out these uniforms at the start of the season, and they will check them in at the end of the season. Failure to return uniforms in a timely manner will result in a charge added to the tuition statement.

Athletes may wear their uniforms on a game day one day a week. The team must wear their uniforms on the same day.

Uniform and Equipment Return

Student-athletes and families are responsible for the replacement cost of any lost, unreturned, or damaged athletic uniforms and equipment. Any outstanding balance must be paid in full before a student-athlete may participate in another Gilbert Christian athletic program. For students who are not participating in a future sport, or at the conclusion of the school year, unpaid balances may be added to the student's school account and handled in accordance with school financial policies.

Facility Use

School sponsored events will always begin at the end of the school day during the week with the exception of tournaments, and at the coach's discretion, practices can be scheduled for Saturdays.

Facilities/Equipment Usage

No student is permitted to use an athletic facility or equipment at any time without authorized supervision of an adult or staff member. All facilities, including locker and shower rooms, must be left neat and in order. Valuables are not to be left unsecured and should be locked up for protection. GCS is not responsible for lost or stolen items.

Weight Room

Student-athletes desiring to use the weight room at the high school must be accompanied by a GCS coach or other staff member for the entire duration of the time in the weight room. The weight room is designed to improve student-athletes' strength and conditioning. It is recommended that student-athletes speak to their head coach about a workout plan.

Injuries

Injuries are a part of any and all sports teams. At GCS, our coaches are the first line of defense against injuries. GCS employs an Athletics Trainer who is available for consultation and referrals to local physicians.

Athletic Trainer

The GCS Athletics Trainer has an office at the high school. The Athletics Trainer will be at the majority of practices and home events for high school athletics. The Athletics Trainer is available for consultation for middle school injuries. For more information contact the athletics department.

Concussions

Concussions are addressed in the "Extended Absences/Health/Injury" section of the GCS Student Handbook. If a student is going to miss class due to a concussion, the parents must contact the administration and Student Support Services to discuss all of the possible implications of the student's attendance and academic progress. The school may require a medical diagnosis in order to develop a temporary AAP to help the student transition during his/her doctor-prescribed recovery.

Fundraising

Fundraisers, sponsorships, and donations must receive pre-approval from the GCS Development Director.

Hazing

Gilbert Christian Schools prohibit bullying, hazing, intimidation or threats. Hazing includes, but is not limited to humiliation tactics, forced social isolation, verbal and emotional abuse, forced or excessive consumption of food or liquids, or any activity that requires a student to engage in illegal activity. Hazing is not permitted in any kind of activity. It is everyone's responsibility to immediately report any acts of hazing that they become aware of to a coach or administrator at Gilbert Christian. Any hazing violation could result in school or team consequences that may include dismissal from the activity or further disciplinary consequences and/or referral to law enforcement.

Transportation

Transportation to and from games, practices, and other team activities will be provided by Gilbert Christian Schools unless otherwise communicated by the Athletic Department.

If GCS transportation is not provided for a game, practice, or other athletic activity, students will be released to their parent or guardian, who is responsible for arranging transportation to and from the event.

Following an off-campus athletic event, practice, or team activity, student athletes may be released to their parent or guardian with the approval of the head coach. Release to another teammate's parent or another approved adult is permitted only with prior authorization from the student's parent or guardian and approval of the head coach.

When picking up their child directly from the location of a practice or game, whether on campus or off campus, parents or guardians should arrive prior to the conclusion of the event. When picking up their child from a GCS campus following an off-campus practice or game, parents or guardians should arrive prior to the estimated return time of the team vehicle.

Coaches will remain with student athletes after an off-campus event until each student has been picked up, released to an approved adult, or other appropriate supervision has been arranged.

Only Christian music may be played in vehicles transporting GCS student athletes. Personal cell phone use is permitted at the discretion of the coach or driver; however, sharing media, including music, pictures, and videos, is not permitted.

Spectators

Respect should be shown to the opposing players, coaches, spectators, and support groups. No derogatory signs, banners, or cheers should be directed toward officials, players, coaches, cheerleaders, or the opponents' fans. Those not complying with this request will be approached by the Athletic Director, the administrators, the coaching staff, or any GCS personnel, and they will be asked to cooperate. Those declining will be asked to leave the premises. It is possible to be suspended from attending future events. The general mantra is:

"Let the players play. Let the coaches' coach. Let the officials officiate."

Communication

The GCS Athletics Department is committed to communicating the goals and objectives of the athletics program, eligibility rules, and expectations of our athletes. If more information is required or should a concern arise during an athletic season, the Matthew 18 process should be followed. Below are the steps to that process:

1. The student-athlete should first speak directly with his/her coach.
2. If the student-athlete is not satisfied and further clarification is required, a parent should then contact the coach to set up a meeting that includes the student-athlete, parent(s), and the coach.

It is advised that no contact between parent and coach be made until at least the day after the incident/event in question – the 24-Hour Rule.

3. If the issue remains unresolved, the parent should then request a meeting with the Athletics Director, coach, student-athlete, and parent(s).
4. If there is no resolution to the matter after the Athletics Director has been brought in, the parents should request a meeting with the Superintendent, Athletics Director, coach, student-athlete, and parent(s).

Athletics Handbook Agreement

All student-athletes and parents must agree to this form. It is included in the TeamSnap (www.teamsnap.com) registration documents.

I have read the Student-Athlete Handbook and understand the responsibilities and expectations for my attitude, actions, and behaviors. I understand that I represent myself, my family, Gilbert Christian Schools, and God while I am a part of Gilbert Christian Schools Athletics. I agree to follow the guidelines of this handbook to ensure that I maintain the privilege of participating in athletics at Gilbert Christian Schools. I accept the challenges that I will face in practices and games, and I will see these challenges as opportunities to grow. I will use the gifts that God has given me to bring glory and honor to Him.

Student-Athlete's Name: _____

Student-Athlete's Signature: _____

As parents and/or guardians, we have read the Student-Athlete Handbook, and we agree to support our student-athlete during the season of sport. We understand and embrace the opportunity to support student-athletes, teams, and Gilbert Christian Schools.

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

*** All student-athletes and parents must agree to this form. It is included in the TeamSnap (www.teamsnap.com) registration documents.